

# Sustaining health and care services in Coventry and Warwickshire

## Why health and care services need to change

For too long, the focus in health and social care has been on supporting you and your family when you're in crisis or ill, rather than on supporting you to keep healthy and independent.

That's why our services need to change. If all of us, organisations and the public, work together across Coventry and Warwickshire, we can make sure our communities live well, stay independent and enjoy life.

The challenges Coventry and Warwickshire face of rising demand for NHS and care services are not unique. For this reason, the Government has asked health and social care organisations to come together to tackle these issues and work differently.

The plan to deliver these new ways of working, which is sometimes called a Sustainability and Transformation Plan, is not about hospitals closing. It is about designing services differently with the resources that we have and focusing more on preventing physical and mental ill health.

### **Our Joint Vision is**

*To work together to deliver high quality care which supports our communities to live well, stay independent and enjoy life.*

## Getting involved



We have already started talking to health and well being boards and some voluntary groups. Over the next few months we will be asking you as local patients and members of the public for your views on what services are like now and how you think they could look in the future.

We want to involve patients, public and other interested groups at every point in our plans.

The following organisations have been meeting together to identify the areas we want to work on:

- ✓ Coventry City Council
- ✓ Coventry and Rugby Clinical Commissioning Group
- ✓ Coventry and Warwickshire NHS Partnership Trust
- ✓ George Eliot Hospital NHS Trust
- ✓ South Warwickshire Clinical Commissioning Group
- ✓ South Warwickshire NHS Foundation Trust
- ✓ University Hospitals Coventry and Warwickshire NHS Trust
- ✓ Warwickshire County Council
- ✓ Warwickshire North Clinical Commissioning Group

The Healthwatch groups from Coventry and Warwickshire also attend these meetings. Healthwatch is an independent organisation representing the interests of local people in how services are run and planned.

GPs and social care leads have also been part of the Design Authority, which is the group which looks at the work programmes to ensure they make sense clinically.

## What has happened so far?

All the organisations have identified and agreed five key areas where they feel improvements could be made:

### **Proactive & Preventative Care**

- Put simply this means better general physical and mental health for all and helping you stay healthy and independent.
- Benefits to you would be:
  - Fewer visits to hospital for those with ongoing conditions.
  - Less time in hospital when you do have to stay.
  - More rehabilitation, ongoing care and end of life care at or closer to home.

Engagement events are being held for the out of hospital elements of this.

### **Urgent & Emergency Care**

- This focuses on when you need unplanned care quickly. Benefits to you would include:
    - Easy to use service with one way to access it e.g. 111.
    - All stroke patients to receive initial care in a specialist unit.
- Engagement has already taken place on stroke services with a consultation due to take place soon.

### **Planned Care**

- This is when you need care but not immediately, for example an operation in the next couple of months.
- Benefits to you would be:
  - Having to go to hospital less times before and after your hospital treatment.



### **Maternity and Paediatrics**

- This focuses on the services used by children and women in Coventry and Warwickshire.
- Benefits to you would include:
  - Increased choice around where to give birth.
  - Modern services that meet the latest national and regional safety guidance.

Engagement events will be held next on this area.

### **Productivity & Efficiency**

- This looks at how back office functions such as finance and IT could be combined to save money.
- Benefits to you would include:
  - Organisations spending less money on expensive agency staff which would improve the quality of care and release money to spend on care.

## What will the result be?

If we can help people be healthier for longer so the number of people needing hospital care does not increase, then we believe that we can manage budgets and provide good care in Coventry and Warwickshire without shutting hospitals.

## What are the next steps?

We have already been talking to local people about stroke services and out of hospital care. In the next few months there will be events on women and children's services so you can help us shape the detail of the plans.

## Case study – Stroke

- There are new regional recommendations that look to improve patients' lives after having a stroke.
- All local organisations have agreed to review stroke services in Coventry and Warwickshire as a result and it is anticipated a consultation with the public into proposed services will take place in 2017.
- Benefits of a new service would see all patients treated in a specialist stroke unit in the first instance. Additional rehabilitation beds across the region will mean more care closer to home.